

The importance and urgency of climate justice leads us to place this topic at the heart of the <u>ecumenical campaign</u> for a third time. HEKS, Fastenaktion and Partner sein seek to address the climate crisis, its impacts and the contribution that agroecology can make towards greater climate justice and less hunger in the world.

"Justice is nothing other than the charity of the wise" (Gottfried Wilhelm Leibniz\*). Let us be wise, show charity, and live and act accordingly. How kindly we treat our fellow human beings is also reflected in how we treat our Earth.

At this time, the climate crisis poses the greatest danger to the survival of humankind. Climate catastrophes such as droughts and floods are strongly linked to hunger, poverty and hardship. A further driving factor is the nature of production and consumption of the food that we eat. As individuals and as a part of this Earth, we must take responsibility. We must live and act in in the spirit of climate justice, so that everyone is able to lead a life of dignity!

To this end, the practices of agroecology encourage nutrition that is healthy, adapted to the local conditions and culture, and which maintains biodiversity and improves future prospects for all people. Humans, agriculture and the environment all benefit from environmentally acceptable methods that foster political participation and the transition to more direct and local economic processes and food systems.

We can help to shape the world in which we will live tomorrow – the world we will leave for future generations. In the end, what kind of world do we want to be responsible for? We hope to address this question at different levels: scientific understanding, the current state and potential of political action, theological principles, suggestions for individual action, and much more. All are aimed at bringing about a more just world for which we are proud and happy to take responsibility.

Thank you for the time spent devoting yourself to these ideas, for your commitment and for your trust – only together can we bring about a climate-friendly world for everyone.

\*G. W. Leibniz (1646 1716) was an important German philosopher, mathematician, lawyer, historian and political advisor of the early Enlightenment. He is considered the "universal spirit" of his time.



# We welcome you to the table!

What is nicer than sitting and eating together with those that you love? The sharing of meals connects people and nourishes the body and soul. Often, we consume what is offered to us without a great deal of thought. Planning and preparing meals as well as shopping for, transporting and growing food all necessitate expertise, hard work and devotion.

The <u>fasting calendar</u> hopes to shine a light on these aspects: We look over a variety of set tables, share in meals with people from the global south and give thought to how we can contribute to greater climate justice through our means of consumption and through sustainable cultivation Join us on an enjoyable journey that explores the issues of the right to food, agroecology and climate issues.

Lent will take place from February 22 to April 9, 2023.



## Project suggestion: An invitation from Pauline Arindo & James Tioko in Kenya

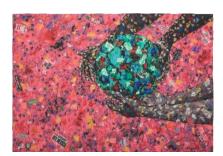
Pauline Arindo tells us about her everyday life and work: "There is always a lot to do in my household, but I have the energetic support of my two sons and daughter. When there's no school, my son James likes to join me on the fields. In the mornings, we drink tea together. Then we set off with our buckets, tools and watering cans.

We prepare the plots ahead of time and plant as soon as it rains. I grow a variety of types of vegetable so that I can add healthy vegetables to the Ugali corn porridge that we eat every day, all year round.

I took part in a training course in agroecological techniques. Now I use compost for the plots and make a brew out of leaves that is used as a fertiliser and which I regularly use to water the plants. I also now know which plants thrive when they are planted next to each other, and I have begun to plant fruit trees in the field. James says that he wants to be a farmer when he has finished school, because he is already so knowledgeable.

You can help to provide agroecological training for <u>farming families in Kenya</u>, so that they can have a varied diet and can increase their income. Please indicate the project number with your donations: **KE.134281** 

### The new Lenten Veil





by Emeka Udemba © MISEREOR.

### Emeka Udemba, the artist behind the Lenten Veil

Emeka Udemba was born in Enugu in Nigeria in 1968. He studied Art at the University of Lagos and received scholarships in Germany, France and South Africa. Today he lives and works in Freiburg. With his art, he wants to encourage deeper insights into the ways in which we communicate with each other, how we formulate or conceal our identity and culture, and how these elements influence our collective consciousness.

A <u>meditation guide on the Lenten Veil</u> is also being published to accompany the 2023 event. It is titled "Your Blue Miracle" and can be ordered from the <u>online shop</u>.



# From the plate back to the field.

Pleasure and joy is on the plate that sits before us: Whether it's a quick bite or a banquet, dishes taste better when you know where the food comes from and how it was produced. We explore this idea by tracing the journey of our food – from the plate all the way back to the field. Where did I buy this tomato, where does it come from, how was it grown and by whom? The "food trail" invites reflection on our relationship with food and with the earth that nourishes us.

With the A3 posters, you can show the members of your municipality that everyone benefits from agroecology – the farmers and market vendors, the connoisseurs and ordinary consumers, and last but not least the earthworms!





As a donor, you can now donate easily and conveniently using TWINT.

### Other payment options:

Postal account 60-19191-7 or IBAN: CH16 0900 0000 6001 9191 7

